

2023 POWERLIFTING SCHEDULE			
Team	Date	Day	Location and departure time
ALL	12/15/2022	thu	MOCK MEET @ CP
NAVY	1/7/2023	sat	@ Grand Oaks meet in Grand Oaks gym at 6:30 AM
WHITE & GIRLS	1/11/2023	wed	Host Scarborough & Conroe (JV MEET)
SILVER	1/17/2023	tue	@ Grand Oaks bus leaves at 2:45 (JV MEET)
WHITE & GIRLS	1/19/2023	thu	@ Willis bus leaves @ 2:50 PM (JV MEET)
NAVY & GIRLS	1/21/2023	sat	@ Oak Ridge 9 meet in Oak Ridge 9 gym at 6:30 AM
SILVER & WHITE	1/27/2023	fri	@ The Woodlands bus leaves at 2:50 varsity meet
silver/white/girls	2/4/2023	sat	@ Conroe or Conroe 9 meet at ___ at 6:30 AM (varsity meet)
NAVY	2/11/2023	sat	@ The Woodlands meet in the woodlands gym at 6:30 am
GIRLS	2/16/2023	thu	@ Conroe 9th Grade School bus leaves at 1:30 PM GIRLS DISTRICT CHAMPIONSHIP
BOYS	2/23/2023	thu	Last Chance Qualifier @ The Woodlands select lifters only - meet @ TWHS a 3:15
V GIRLS	2/24/2023	fri-sat	WEIGH IN REGIONAL CHAMPIONSHIP 2:40 PM
V GIRLS	2/25/2023		REGIONAL CHAMPIONSHIP @ ALVIN HS 5:30 AM
V BOYS	3/3/2023	fri-sat	WEIGH IN REGIONAL CHAMPIONSHIP 2:35 PM
V BOYS	3/4/2023		REGIONAL CHAMPIONSHIP @ Dickinson High School, TX
V GIRLS	3/15-18/2023	wed-sat	STATE CHAMPIONSHIP
			FRISCO, TX (subject to change)
V BOYS	3/24-26/2023	fri-sun	STATE CHAMPIONSHIP 8:00 AM
			TAYLOR COUNTY EXPO CENTRE
			ABILENE, TX
			Powerlifting Coach: Travis Coleman
			Campus Athletic Director: Lonnie Madison
			Principal: Mark Murrell
			ALL LOCATIONS TIMES AND DATES ARE SUBJECT TO CHANGE OFTEN
			revised 12/6/2022