

# COLLEGE PARK

## 2023 STRENGTH & CONDITIONING CAMP

June 5th - July 27th

Incoming 7th - 12th grade

Monday -Thursday for 7 weeks

Cost: \$110



	SUN	MON	TUES	WED	THURS	FRI	SAT	
JUNE	4	5	6	7	8	9	10	WEEK 1
JUNE	11	12	13	14	15	16	17	WEEK 2
JUNE	18	19	20	21	22	23	24	WEEK 3
JUNE/JULY	25	26	27	28	29	30	1	WEEK 4
JULY	2	3	4	5	6	7	8	OFF
JULY	9	10	11	12	13	14	15	WEEK 5
JULY	16	17	18	19	20	21	22	WEEK 6
JULY	23	24	25	26	27	28	29	WEEK 7

No Camp on FRIDAYS or July 3rd – 6th

**Session 1: 7:30am – 9:15am**

Incoming Boys 9th – 12th

**Session 2: 10:15am – 12:00pm**

Incoming Girls 9th – 12th

**AND**

Incoming Boys & Girls 7th – 8th



**PLEASE DIRECT ANY QUESTIONS TO COACH COATS or COACH BROWN**

[kcoats@conroeisd.net](mailto:kcoats@conroeisd.net) or [shabrown@conroeisd.net](mailto:shabrown@conroeisd.net)

**\*IMPORTANT REGISTRATION INFORMATION\***

- All athletes must have a physical on file to participate.
- All registration must be done ONLINE through the SchoolCash website and must be completed prior to the first day of camp – June 5<sup>th</sup>.

<https://conroeisd.schoolcashonline.com/Fee/Details/40540/195/False/True>