

COLLEGE PARK

2024 STRENGTH & CONDITIONING CAMP



June 3rd - July 25th

Incoming 7th - 12th grade

Monday -Thursday for 7 weeks



Cost: \$125

	SUN	MON	TUES	WED	THURS	FRI	SAT	
JUNE	2	3	4	5	6	7	8	WEEK 1
JUNE	9	10	11	12	13	14	15	WEEK 2
JUNE	16	17	18	19	20	21	22	WEEK 3
JUNE	23	24	25	26	27	28	29	WEEK 4
JUNE/JULY	30	1	2	3	4	5	6	OFF
JULY	7	8	9	10	11	12	13	WEEK 5
JULY	14	15	16	17	18	19	20	WEEK 6
JULY	21	22	23	24	25	26	27	WEEK 7

No Camp on FRIDAYS or July 1st – 5th

Session 1: 8:00am – 9:30am

Incoming Boys 9th – 12th

Session 2: 9:45am – 11:30pm

Incoming Girls 9th – 12th

AND

Incoming Boys & Girls 7th – 8th

IMPORTANT REGISTRATION INFORMATION

- All athletes must have a physical on file to participate.
- All registration must be done ONLINE through the SchoolCash website and must be completed prior to the first day of camp – June 3rd.
- (INSERT THE ADDRESS HERE)

PLEASE DIRECT ANY QUESTIONS TO COACH COATS or COACH BROWN

kcoats@conroeisd.net or shabrown@conroeisd.net